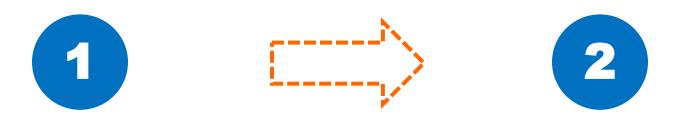
# THE MAKING OF AN **ENERGY** SMART CONSUMER

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## **PRESENTATION OUTLINE**



Basic Consumer RIGHTS Basic Consumer RESPONSIBILITIES









## **Right to basic needs**





## **Right to safety**





## **Right to information**





## **Right to choose**





## **Right to representation**





## **Right to redress**





## **Right to consumer education**















**Critical Awareness** 

The responsibility to be more alert and questioning about the use of, and the price and quality of goods and services we use.





### Action

The responsibility to assert ourselves and act to ensure that we get a fair deal. Remember that as long as we remain passive consumers, we will continue to be exploited.







The government is here to support and protect your welfare and your rights, but it is up to you to make use of them responsibly.





## **Social Concern**

- To be aware of the impact of our consumption to other citizens, especially the less fortunate, exploited, disadvantaged or powerless groups, whether in the local, national or international community.
- To think of what will be the effect of your actions and choices to other people's lives. Make use of our resources wisely and never be wasteful.
- Practice conservation and share with those who are in need.





- Replace incandescent bulb with a Compact Fluorescent Lamp (CFL)or LED bulb.
- Use the appropriate wattage for the lighting purpose.
- Plan the location of lighting fixtures.
- Turn off lights that are not needed.
- Clean the tubes of the lamp regularly.
- Use natural lighting when feasible.





- Use the right size of unit for your need.
- Use Air-conditioner with timer/ecozone/ put off the unit when not needed.
- Determine your comfort level.
- Buy a unit with higher Energy Efficiency Ratio (EER) or Yellow Tag
- Place the unit in a ventilated area and regularly clean the condenser and evaporator.





- Match the pan/cookware size with the heating plate.
- Thaw frozen food before cooking.
- Set to medium or low heat when the water/ food being cooked is already boiling.
- Plan before you cook.
- Do not reheat food using the electric stove.





- Use the right size of washing machine for your need.
- Soak clothes in detergents before loading up in the washing machine
- Do not over-wash the clothes.
- Do not overload the unit.



- Iron heavy clothes first and dampen clothes moderately.
- Avoid watching TV and doing other things while ironing.
- Use iron with thermostat/select the appropriate heat level for the clothes.







- Use the right size of unit for your need.
- Ensure that there is no leakage at the door seal/avoid frequent door opening.
- Defrost the refrigerator once a week.
- Buy a refrigerator with higher Energy Efficiency Factor (EEF) Label.
- Clean the condenser tube regularly.



- Use the right size of fan for your need.
- Turn off the fan when not needed.
- Determine your comfort level.
- Avoid using the oscillator.





- Limit/shorten the use of TV/computer.
- Do not put VCR/TV/Stereo/Computer on standby mode.
- Turn off battery/cellphone charger when charging is complete













## **Environmental Awareness**

- To understand the environmental consequences of our consumption.
- We should recognize our individual and social responsibility to conserve natural resources and protect the earth for the future generations.





- Practice proper waste management and follow the three R's-Reduce, Reuse and Recycle.
- Choose and make use of environment friendly products to save our natural resources and refrain from causing damage to them.







## Solidarity

The responsibility to organize together as consumers to develop the strength and influence to promote and protect our rights, welfare and interests of the consuming public.







- Cooperate and collaborate with the government in ensuring consumer protection in the country.
- Organize yourselves to come up with better legislations in safeguarding your welfare.



# **Remember:**

# An informed consumer is an empowered one.



## **Thank You!**



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